

Intent

Physical Education is a vital part of every child's development. At Elmore Green Primary School, movement matters; within PE lessons and across the wider curriculum and school day. Our school values are reflected in the inclusive and active units of work included in our PE curriculum.

Our broad and balanced curriculum aims to:

- develop competence to excel in a broad range of physical activities,
- maintain physical activity for sustained periods of time,
- engage pupils in competitive sports and activities,
- teach pupils how to lead healthy, active lives.

Implementation

Our curriculum is designed to encourage a high level of skill, co-operation and teamwork, which leads to lifelong participation. All children will have the opportunity to work with specialist sports leaders every school year during their time at Elmore Green.

Our long-term plan comprises specifically chosen units of PE that build upon skills and knowledge from EYFS through to KS2. These units are taught throughout the year to ensure that the requirements of the National Curriculum are fully met. They are revisited on a 2-year cycle to ensure our mixed age classes 'build-on' their knowledge, skills and understanding of the subject, but do not 'repeat' learning unnecessarily.

Pupils take part in two PE lessons each week. This is in addition to other opportunities to be active before, during and after the school day. Some lessons will be taught in the gym, some outside and on occasions they will be taught at an alternative provision.

We have a focus on swimming in Years 5 and 6. From January in their Year 5 year to December in their Year 6 year, your child will participate in a weekly swimming lesson at Bloxwich Active Living Centre. We aspire to every pupil leaving Year 6 with a competent level in the three key swimming outcomes:

- To swim competently, confidently and proficiently over a distance of at least 25 metres,
- To use a range of strokes (for example, front crawl, backstroke and breaststroke),
- To perform safe self-rescue in different water-based situations

Pupils are encouraged to take part in 'The Daily Mile' initiative by walking, jogging or running one mile a day. The speed of the mile is decided by the children individually, so

has no barriers in terms of their ages or abilities. It helps the pupils to improve concentration, physical fitness and emotional well-being.

Impact

Pupils at our school enjoy PE and many choose to participate in organised sport and physical activity beyond the school day. The achievement of all our pupils is recognised and valued.

Ongoing formative assessment throughout our lessons, and summative teacher/coach assessments at the end of each unit - alongside evidence from learning walks, pupil interviews and staff feedback - demonstrates that our pupils are developing their skills, knowledge and understanding of the subject.

Assessment data helps inform our teaching and the readiness of pupils to progress to the next stage of their learning. Parents are informed of the progress of their children in annual reports.

Ultimately, our curriculum prepares our pupils to lead healthy, happy, active lives.